



2014-2015

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## HAPPY HOLIDAYS

### SEASONS GREETINGS DENTAL HYGIENISTS'

As we close out an important year where we made history in redefining and restructuring the Michigan Dental Hygienists' Association (MDHA), we look toward a future of strength in our fiduciary responsibility and our association's members. In a report from our Immediate Past President, Cheryl Bentley, stated that Michigan is one of the states with the most components in ADHA. Like many states we are losing members—so much so that we have lost a delegate to the ADHA for 2015. Due to the decrease in our membership we continue to struggle with a decreasing budget. Without funds to carry out membership retention/recruitment efforts, legislative initiatives, and everyday functions that enhance our organization, MDHA could become ineffectual, to the detriment of our members. We need to make ourselves more relevant to our members through communication, advocacy, and education. In an effort to do this, we redistricted our components by enlarging their geographical boundaries. This will lessen the drain on leadership positions and reduce costs by maintaining a smaller board of trustees (BOT).

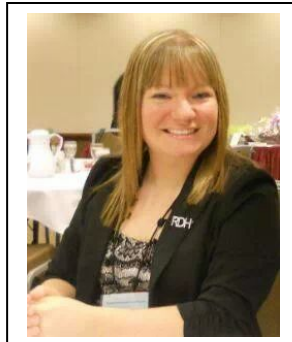
MDHA is also working on some additional legislation this year which will look at the PA 161 and mobile dentistry bills again, as well as looking into a bill pursuing limited prescription writing abilities for registered dental hygienists. Sarah Hubbard, our lobbyist has been instrumental in assisting MDHA with our legislative concerns. If you have an opportunity to come to the MDHA Legislative Luncheon next year, please come and speak to your state senators and house representatives. I went for the first time this year and it was a great experience and not at all intimidating. These politicians are paid to listen to their voters, and are very receptive to what we have to say. With all of this said, your membership is needed now more than ever!

Macomb is excited to announce the 20<sup>th</sup> year of our Heartfelt Project to help underserved children in Macomb County. The date will be February 28, 2015 and we need volunteers! We currently have offices participating this year in the cities of Warren, Saint Clair Shores, and Sterling Heights. Look for our sign-up sheet at the January meeting or email us your interest in participating by sending your name and contact information to [mddhseditor@yahoo.com](mailto:mddhseditor@yahoo.com).

Our September Welcome meeting was a hit! Thank you to all who attended to support our efforts to integrate more inter-professional collaboration between health professionals. As I mentioned at our Welcome meeting, you will continue to see speakers who will share relevant information for dental hygienists so we are able to treat the whole patient, and not just their oral cavity.

Last but not least, I want to personally wish you and your loved ones a happy and health holiday season and New Year! See you in January!

Jennifer Suminski, RDH, BS  
MDDHS President



2014-2015  
MDHA BOARD

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[KRMRDH@GMAIL.COM](mailto:KRMRDH@GMAIL.COM)

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PLEASE VISIT

[WWW.MDHATODAY.ORG](http://WWW.MDHATODAY.ORG)

FOR UPDATES AND COMPONENT INFORMATION

# Dental Hygienists!

Expand Your Career Opportunities!



BACHELOR OF SCIENCE  
IN  
DENTAL HYGIENE

EARN YOUR DEGREE WHILE YOU WORK!

U of D Mercy's BSDH Program offers:

- Unlimited time commitment
- Full credit for past DH courses
- Curriculum designed to fit your needs

**FOR INFORMATION:**

313-494-6628

Pam Gibes

[GIBESPV@UDMERCY.EDU](mailto:GIBESPV@UDMERCY.EDU)

Want to save the environment?

Free up storage space at your office? Donate your lead foils to MDDHS.  
Call Anita Kurtz-Stiltner to arrange a pick-up.

(586) 294-4658



# CE REQUIREMENTS

There has been some confusion about CE requirements, I hope this will help.

## NECESSARY REQUIREMENTS FOR LICENSURE RENEWAL

1. CPR (does not count in the total 36 hours for renewal)
2. 36 hours of approved continuing education. You may have
  - a. 12 hours related to clinical dentistry-dental hygiene
  - b. 10 hours of reading- you must show a signed statement describing materials read, a copy of a letter or certificate showing your name and hours earned should you be audited
  - c. 12 hours online
  - d. 1 CE pain management required

You must retain your **CE materials for 4 years**

**OSHA is NOT a requirement for license renewal.** However, you should have a renewal course every year.

Michigan.gov is the website to visit for any questions pertaining to licensure, rules pertaining to dentistry, both RDH, RDA and Dental, what we can and can't do. After going to Michigan.gov, go to Board of Dentistry, then Lara-dentistry and you should be able to find whatever you need to find.

There are some revisions of the rules being reviewed now however; **not all are effective now.**

**CE for volunteerism-EFFECTIVE NOW UP TO 12 CREDITS 1CE=2 hours of volunteering**

**18 CE credits for online courses-EFFECTIVE NOW**

**Human Trafficking Training Requirement-NOT YET- 2016 WEBSITE "POLARIS PROJECT"**

**RETIREMENT STATUS FOR ALL LICENSED PROFESSIONALS HAS BEEN APPROVED AND SIGNED IN TO LAW AND IS EFFECTIVE IMMEDIATELY**

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FYI

## RETIRED MEMBERS

PLEASE REMEMBER THAT WHEN YOU RETIRE AND YOU NO LONGER WISH TO KEEP YOUR LICENSE, YOU DO NOT NEED ANY CONTINUING EDUCATION CREDITS (CE'S) OR CPR. YOU SIMPLY DO NOT RENEW YOUR LICENSE WHEN THE 3 YEAR FORM IS SENT TO YOU BY THE STATE.

HOWEVER, IF YOU FILL THAT APPLICATION OUT, MAIL IT IN, AND DO NOT FULFILL YOUR CE REQUIREMENTS, YOU ARE BREAKING THE LAW. IF YOU ARE AUDITED AND YOU HAVE NOT FULFILLED YOUR CE REQUIREMENTS YOU COULD BE BROUGHT UP ON CHARGES AND FINED FOR DOING THIS BY THE MICHIGAN BOARD OF DENTISTRY.

## LIFE MEMBERS

AS OF NOVEMBER 1, 2012, LIFE MEMBERS HAVE A CHANGE IN THEIR DUES ASSESSMENT. THE 2012 HOUSE OF DELEGATES VOTED TO INCREASE YOUR MICHIGAN PORTION OF YOUR DUES FROM 0 TO 50%. IN ENGLISH:

NATIONAL DUES: \$180.00

STATE DUES: \$ 49.00 **non life member- 98.00**

LOCAL DUES: \$10.00

TOTAL DUES \$ 239.00 **REGULAR DUES: \$293.00**

# student corner

## UDM student update

Jen and I will be visiting UDM first and second year students on January 9, 2015. We'll be sharing our ADHA/MDHA/Macomb experiences. It is important for them to hear about our journey as we have become involved with our association and why. WE will encourage membership and active participation at whatever level they are comfortable with.

At the House of Delegates meeting in October, we were able to spend time with the student-delegates from UDM as well as a past student-delegate from last year. We chatted about conversion to membership. We set a goal of 100% conversion for the Class of 2015. The students are willing to work with me to follow up with their classmates to accomplish this goal!!!! I loved their enthusiasm.

Next Spring we will again visit the second year students just before NERBS. We will present them with a gift from Macomb and encourage and discuss the procedures to convert from SAHDA to ADHA membership.

They have so much on their plates, it's nice to see their interest in ADHA!!!!

Nancy Balaj, RDH  
UDH Student Liaison

## CPR REFRESHER COURSE FOR HEALTH CARE PROVIDER the American Heart Association

MDDHS is once again offering their annual re-certification of BLS for the Healthcare Provider

**APRIL 14, 2015**

**CLASS BEGINS PROMPTLY AT 6:00 PM** (runs approx 2 ½ to 3 hours)

COST \$25.00 FOR MEMBERS OF ADA, ADHA, ADAA or NDHA

ALL OTHERS \$40.00

OLSON'S DENTAL LAB at 16404 19 Mile Road Clinton Twp.

The American Heart Association requires you must have your own CPR manual for this class. If you do not have the current manual you are able to purchase one the night of the class. The cost for the manual is \$10.00.

PLEASE CONTACT ANITA STILTNER WITH ANY QUESTIONS: 586-294-4658

**2013-2014**  
**MDDHS Treasurer's Year End Repot**

**Income:**

Dues Revenue	\$752.50
Non Dues Revenue	\$9,804.00

**Expenses:**

Officers	\$391.54
Seminars	\$4,759.41
Scholarship Committee	\$1,022.89
Membership Committee	\$589.69
Student Liaison	\$414.07
House of Delegates	\$1158.84
Website	\$59.40
Non Profit Filing Fee	\$20.00
Presidents Plaque	\$39.30
Heartfelt Project	\$327.78
Fundraising	\$533.51
Hygienist of year	\$30.00
MDHA Presidents gift	\$50.00
Public Relations	\$56.74
Grievement gifts	\$75.00

**Contributions:**

ADHA Institute for	\$200.00
Oral Health	
JVS (Tri County Dental Health)	\$200.00
Mission of Mercy	\$300.00

Total Income	\$10,556.50
Total Expenses	\$9,528.17
Net Gain	\$1,028.33

Respectfully Submitted,  
Laura Gintner, RDH, BS  
MDDHS Treasurer

## WELCOME NEW MEMBERS

- MDDHS IS PROUD TO WELCOME SEVERAL NEW MEMBERS TO OUR ASSOCIATION.
- EVERYONE, PLEASE MAKE THEM WELCOME AND OFFER ANY ASSISTANCE THAT THEY MAY NEED. WE'RE SO GLAD YOU'RE HERE!

1. RENEE PUROL
2. CYNTHIA PISKOROWSKI
3. DENISE WARREN
4. MARIANNE GAJEWSKI
5. HEIDI LEJEB
6. MORGAN DEBUONO

### MEMBERSHIP RECOGNITION

The Macomb District Dental Hygienist Society's Membership Committee would like to recognize our valuable members for their years of membership. If you are celebrating 5, 10, 15 or 20 years of ADHA/MDHA membership please provide name, credentials and the years of membership. MDDHS would like to acknowledge you in our next edition of the Macomb Messenger.

Please fill out the information below and return to:

Anita Kurtz-Stiltner, RDH 31569 Eveningside Dr. Fraser, MI 48026

Or e-mail your information to [anitafloss@yahoo.com](mailto:anitafloss@yahoo.com)

Member name \_\_\_\_\_

Please circle your years of Membership in ADHA 5, 10, 15 or 20

## 33rd HOUSE OF DELEGATES

2014 Troy, Michigan



HOD adopted PBY'S and PR'S

- PBY 1- Article VI- Meetings Section 1-Official Call was adopted as amended by the BOT.
- PR 1- Definition of dental hygiene diagnosis was adopted.
- PR 2- Definition of Needs Assessment was amended and approved
- PR 3- Definition of Dental Hygiene was amended and approved.
- PR 4- Definition of Dental Hygienist was amended and approved.
- PR 5- Definition of evaluation was adopted.
- PR 6- Definition of Primary Dental Hygiene care provider was adopted.
- PR 7- Public Health proposal was rejected pending additional information.
- PR 8- A revision of Supervision was adopted.
- PR 9- Public Health removal of restrictions was adopted.
- PR 10- Reimbursement was adopted.
- PR 11- Tobacco Cessation revisions were adopted.
- PR 12a- Definition of Assessment was adopted.
- PR 12b- Support for Kindergarten Assessment by an RDH was adopted.
- PR 13- Definition of self-regulation was adopted.

Details regarding these adopted changes can be found on the MDHA website at: [www.mdhatoday.org](http://www.mdhatoday.org)

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The new year will mark an exciting and pivotal moment in the history of the Michigan Dental Hygienists' Association. The Board of Trustees passed a motion to restructure the current 18 components of the MDHA into 9 larger components. ADHA has given the directive of consolidation and downsizing and is asking for this first step to be accomplished by June 2015

Most professional associations have not changed with the times and are suffering loss of members and support. Many associations operate in the same manner as they have since they began, yet the world has drastically changed and we must change to meet the needs of today's members and our fast-paced time-crunched world. MDDHS will be combining with parts of St. Clair and parts of Genesee District Dental Hygienists'. ADHA will provide guidance on the logistics of this merger. This change is new for all components nationwide and ADHA is looking to Michigan to serve as a role model for the rest of the country.

Change is hard for everyone and this will be a new venture, so please be patient and open to new avenues of thought.

# HOUSE OF DELEGATES 2014 OUR DELEGATES HARD AT WORK



MACOMB'S 2014 HOUSE OF DELEGATES  
DELEGATION:

STUDENT, NANCY BALAJ, SASKA VITANOSKI,  
JENNIFER SUMINSKI, CHERYL CHOVICH,  
ELIZABETH EASTER AND BECKY DOMAGALSKI

SASKA VITANOSKI AND  
THE STUDENT DELEGATES

Hina Qadir , Sassy, Kristen Benner,  
Katelynn Hutnick



NANCY BALAJ

CONGRATULATIONS!  
MACOMB'S LIFE MEMBER





# JANUARY 2015 DINNER MEETING

DR. JEFFERY JOHNSTON

JANUARY 22, 2015 EVENING SEMINAR

**The Clinton Macomb South Branch Library  
35679 South Gratiot (between 15 & 16)  
Clinton TWP. 48035**

CHICKEN MARSALA,, BREADED PORK CHOPS, SPAGHETTI WITH MARINARA  
SCALLOPED POTATOTOES, SALAD, GREEN BEANS AND  
CHEESE CAKE WITH STRAWBERRY TOPPING

6-9PM

Dr. Johnston attended Michigan State University to major in Microbiology. He received his DDS in 1982 and a Masters Degree in Periodontology in 1986 from the University of Michigan. He began his academic career as an Assistant Professor at Nagasaki University School of Dentistry in Nagasaki, Japan.

Dr. Johnston is a Diplomate of the American Board of Periodontology and a Fellow in the American College of Dentists, International College of Dentists, Pierre Fauchard Academy and International Congress of Oral Implantologists. He is a certified dental editor and is the past Editor of the Journal of the Michigan Dental Association, past president of the Macomb Dental Society, the Michigan Periodontal Association, and the Michigan Dental Association. Dr. Johnston currently serves as Trustee to the American Academy of Periodontology and is a member of the Journal Review Committee. He is the author of numerous scientific publications and has lectured extensively on the topics of Periodontics and Implant Dentistry.

Dr. Johnston maintains a private practice limited to Periodontics and Implant Dentistry. He is also Adjunct Clinical Assistant Professor / Dean's Faculty at the University of Michigan, School of Dentistry, Department of Oral Medicine and Periodontology.

## COURSE OBJECTIVES:

Genetics in Periodontology

Review the Diagnostic classifications and criterion of the periodontal diseases

Review the history of Genetic Studies

Discuss the genetic mechanisms of periodontal loss\

Review the finding of the "Risk Stratification" in J Dent. Research by Giannoble et al.

Review the Insurance Industries response and organized dentistry's response

Look at the future of genetic research I periodontology



Please join the  
**Macomb District Dental Hygienists' Society**  
 as we celebrate  
**Children's Dental Health Month**  
 with our



**20th Annual Children's  
 Dental Health Heartfelt Project**

**When:**  
**Saturday**  
**February 28, 2015**

**What your eligible  
 child will receive\***  
**-FREE Oral Screening**  
**-FREE Dental Cleaning**  
**-FREE Fluoride Treatment**  
 By a licensed Dental Hygienist

**Where:**  
 Specific Dental  
 Offices Throughout  
 Macomb County

*-All Children will receive a complimentary goodie bag filled with dental supplies!*

*\*Macomb County Children (ages 3-13) who are not covered under private insurance may apply.*

**----- Please Detach Here -----**

Please complete and mail this form to the address below by February 13, 2015  
*You will be contacted to schedule an appointment time and given directions to the dental office.*

**Child's Name:** \_\_\_\_\_ **Age:** \_\_\_\_\_

**Parents/Guardians Name:** \_\_\_\_\_

**City Child Resides:** \_\_\_\_\_

**Home Phone:** \_\_\_\_\_ **Cell:** \_\_\_\_\_ **Email:** \_\_\_\_\_

**Best Day and Time to be Reached:** \_\_\_\_\_

**Preliminary Health History Review: Is your child.....**

Taking any medications? Y N      Any Major illnesses, hospitalizations, or surgeries? Y N

Any allergies? Y N      Any heart conditions? Y N

If you circled yes on any of the above, please explain \_\_\_\_\_

Please mail  
 the completed  
 form to

**MDDHS**  
**P.O. Box: 288 \* Washington Twp., MI 48094**

**A copy of this form  
 is acceptable.  
 Please pass it along to  
 others in need!**

**CONTINUED FROM PREVIOUS PAGE**

Dear Fellow Dental Hygienist,

Will you please take a minute and help get the word out to families in your own areas, to let them know of the FREE dental cleaning for children ages 3 years to 13 years old. More information is on the flyer above.

Unfortunately, last year we had a very low turnout and we are hoping we can reach more children to provide this very important service to.

Please make as many copies you need or email this Heartfelt flyer to nearby churches, schools and the like. We have a mass email that goes out to all Macomb County schools but not every school may think it's necessary or might not be able to incur the printing cost. With that said if you know of a place like this please contact me and I can get you the copies you need.

Thank you for all your help!

Julie Rizek, RDH  
MDDHS Heartfelt Project  
[jrizekrdh@hotmail.com](mailto:jrizekrdh@hotmail.com)  
(586) 232-1277

**MARCH 20, 2015 ALL DAY SEMINAR**  
**CHRIS FARRELL, RDH, BSDH, MPA**  
**"CAREER PATHS FOR DENTAL HYGIENISTS"**

**AM SESSION**  
**3 CE'S**

**Italian American Cultural Society**  
**43843 Romeo Plank Clinton Township, MI 48038**

Christine Farrell is the Oral Health Director for the Michigan Department of Community Health's Oral Health Program. She has been employed by the MDCH for over 26 years.

Chris served 22 years in the Medicaid policy area and has been the Oral Health Director since June, 2010.

She has a wealth of oral health knowledge at both the state and federal levels and a great deal of experience advising MDCH's public health staff and public health partners on a vast array of program, financial and administrative issues related to oral health.

As Oral Health Director, she is responsible for overseeing and promoting the State of Michigan's Oral Health program. Her duties include ensuring the program effectively educates the public about oral health issues as well as the implementation of preventive activities to improve the oral health of Michigan residents throughout their lifetime.

In addition, she is adjunct faculty in both the UM School of Dentistry eLearning Dental Hygiene Degree Completion Program and the Master of Science Dental Hygiene Program.

Chris received both her bachelor's degree in dental hygiene and master's degree in public administration from the University of Michigan.

Objectives:

Provide new information and updates on career paths for dental hygienists

Discuss educational opportunities and degree options available

Provide overview of resume building and interview process

Discuss direct workforce models and future impact on dental hygiene workforce

**BREAKFAST: SCRAMBLED EGGS, HARD BOILED EGGS, EGGS WITH CHEESE, BACON**

**FRUIT, PASTRIES, CROISSANTS**

**LUNCH: SALMON OR COD, CHICKEN, SALAD, VEGGIE, PASTA, ASSORTED DESSERTS**  
**AFTERNOON SNACK** meals are not confirmed



Nancy Raymond- PM

## NUTRITIONAL CONSIDERATIONS

IN

DENTAL HEALTH

3 CE'S



Italian American Cultural Society  
43843 Romeo Plank Clinton Township, MI 48038

Nancy A Raymond, MSMS, MS, RDN, FAARFM

### OBJECTIVES

AT THE END OF THIS SEMINAR, THE DENTAL HYGIENIST SHOULD BE ABLE TO:

LIST HEALTHY EATING AND HYDRATION PRINCIPLES.

DEFINE HEALTH CARBOHYDRATES, PROTEIN AND FATS AND THE ROLE THEY PLAY IN ORAL AND DENTAL HEALTH.

UNDERSTAND THE ROLES AND FUNCTIONS OF MAJOR NUTRIENTS — VITAMINS, MINERALS AND ANTIOXIDANTS- AND THE SYMPTOMS OF DEFICIENCIES.

RECOGNIZE HOW NUTRITIONAL DEFICIENCIES AFFECT ORAL HEALTH AND DISEASE.

UNDERSTAND FACTORS THAT AFFECT FORMATION OF DENTAL CARIES INCLUDING STRUCTURE OF THE JAW AND ORAL CAVITY AND TEETH; ORAL HYGIENE PRACTICES; THE ROLE OF DIETARY FACTORS INCLUDING BACTERIA, ACIDIC FOOD AND ACID FORMATION.

IDENTIFY SPECIFIC DIETARY CONSIDERATIONS FOR DIFFERENT STAGES OF THE LIFECYCLE.

UNDERSTAND BASIC NUTRITION COUNSELING RECOMMENDATIONS FOR YOUR PATIENTS.

## MDDHS Registration Form for all Seminars

Name: \_\_\_\_\_  
 \_\_\_\_\_ (last) \_\_\_\_\_ (first)  
 Address: \_\_\_\_\_ (Zip)  
 \_\_\_\_\_ (Street) \_\_\_\_\_ (City)  
 Phone Number: \_\_\_\_\_  
 Email Address: \_\_\_\_\_

Would you like to receive email updates about future meetings and events? Yes or No  
 (please circle one)

What is your profession? RDH RDA/CDA DDS/DMD Other: \_\_\_\_\_ (please circle one)

What is your professional license number/ID (for CE purposes): \_\_\_\_\_

Are you a member of the ADHA? Yes or No (please circle one)

If you are a member of the ADHA, what is your ADHA member number?: \_\_\_\_\_

Which seminar are you paying for today?: September 30<sup>th</sup> January 22<sup>th</sup> March 20<sup>th</sup> May 13 (please circle applicable date and see lecture times and fee schedules below)

Total Amount Paid: \$ \_\_\_\_\_

**NOTE:** All checks and registration forms are due **TWO WEEKS** prior to the event.

**\*\*IF YOU ARE PAYING FOR MULTIPLE SEMINARS, PLEASE WRITE A SEPARATE CHECK FOR EACH MEETING\*\***

Please make checks payable to: **MDDHS**

Mail Checks to: Elizabeth Easter, RDH  
 36320 Union Lake RD. Apt.303  
 Harrison Twp. Mi. 48045

September 30, 2014 - Evening Seminar - 6:00pm-9:00pm  
 January 22, 2015 - Evening Seminar - 6pm - 9pm  
 March 20, 2015 - All Day Seminar - 8am to 4pm  
 May 13, 2015-Evening Seminar- 6:00pm-9:00pm

All Seminars will be held at:

**Italian American Cultural Society**  
**43843 Romeo Plank Clinton Township, MI 48038**

**\*\*The January seminar will be held at: The Clinton Macomb South Branch Library**  
**35679 South Gratiot (between 15 & 16)**  
**Clinton TWP. 48035**

### 2014-2015 FEE SCHEDULE

ALL DAY SEMINARS

ADHA MEMBERS:

\$90 ALL DAY

\$45 HALF DAY

POTENTIAL ADHA MEMBERS:

\$150 ALL DAY

\$80 HALF DAY

EVENING SEMINARS

ADHA MEMBERS: \$30

POTENTIAL ADHA MEMBERS:

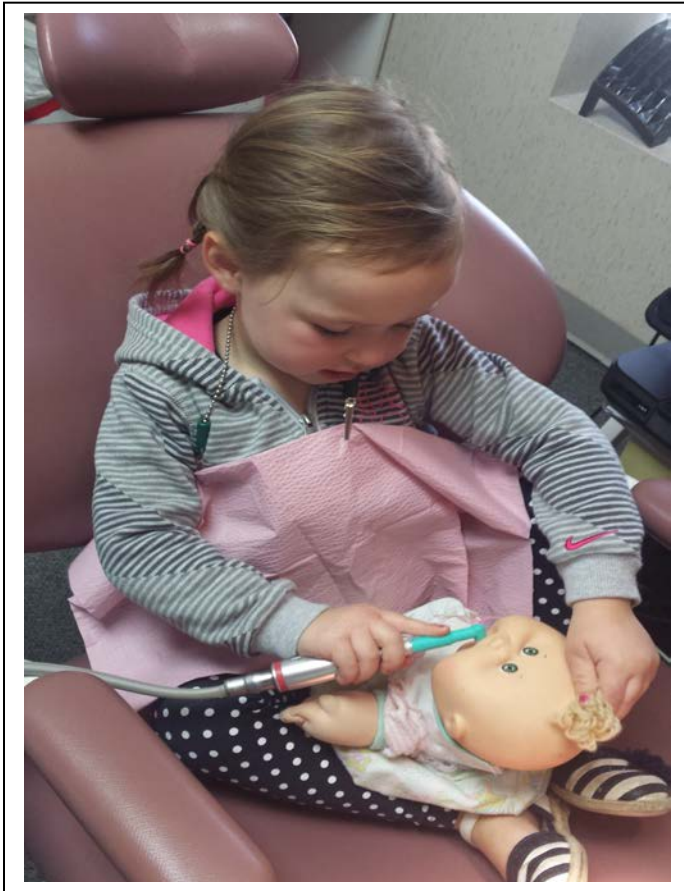
\$55

STUDENTS: \$10

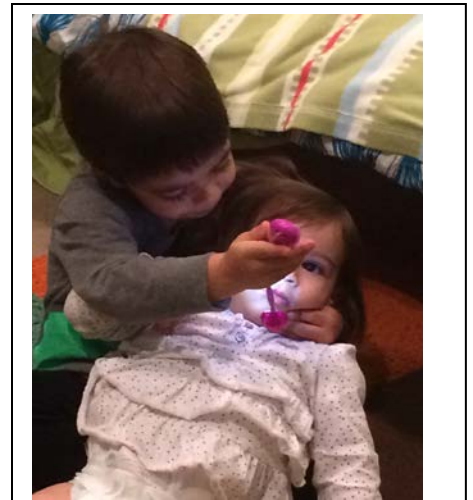
RDA/CDA: \$30

**ANY QUESTIONS PLEASE EMAIL US AT**  
**MDDHSEditor@YAHOO.COM**

# MACOMB HAS SOME FUTURE RDH'S OR DDS'S IN THEIR MIDST



Alison Babcock (3) cleaning her dolls teeth  
(Anita Siltner's grand daughter)



Hazen Mazzenga checking  
out his sister Alina's teeth  
(Sandy Franklin's grandkids)

# MEMBER SPOTLIGHT

## ANGELA BLAN



**What city do you live in?**  
Clinton Township

**What type of setting do you practice dental hygiene? (private practice/state or govt./education/other.. and indicate if you work for a specialist and what type of specialty).**

I am currently employed as a PA-161 dental hygienist with In Home Dental Care. I previously worked as a hygienist for a wonderful private practice over the last 3 years (the dentist just retired this past October).

**How long have you been a member of MDDHS/ADHA?**

After transferring my student membership in 2007, I have maintained membership for most of my professional tenure.

**What positions have you held in MDDHS/MDHA/ADHA?**

This is my first! I am very excited to fill the position as Historian and to serve as a member of the community service committee. My enthusiasm for involvement in my profession began in school where I was a Class Representative, Student Delegate, and Hu-Friedy liaison. I have also volunteered at the Michigan's ADA Mission of Mercy event.

**Why did you join the ADHA? Why do you think people should join?**

I joined ADHA in order to support my professional association. Without the financial backing and work of its members, our profession would not be where it is today. I feel that all dental hygiene professionals should join so that our profession will continue to move forward, and that we will have a voice in the process.

**Tell us more about you... (anything you want people to know; family, pets, hobbies, etc.)**

I am a wife and proud mother of two amazing sons. Sebastian, my oldest, is studying to be a physical therapist, and Joshua, my youngest is pre-med. My hobbies include running, biking, and scrapbooking. My sons and I enjoy participating in local charity runs and/or walks in addition to other races. My biggest passion is my involvement with the Susan G. Komen 3-day, 60 mile event. I am part of a remarkable team of caring individuals who continually strive to help find a cure. Preparing for the 3-day requires a lot of fundraising and training, and I love every minute of it. I have been touched by so many that I have met over the last 2 years (survivors, crew members, and participants). I am very proud and excited that my sons will be participating as crew members this year.

**WELCOME ANGELA!**




  
**Congratulations!**

ANITA STILTNER'S 2ND GRAND DAUGHTER, OLIVIA BABCOCK



9-13-14

CONGRATULATIONS TO ANITA KURTZ- STILTNER FOR BEING MACOMB'S HYGIENIST OF THE YEAR!



Rosalie Osentowski is our September **Free** 1yr membership winner.

WHO WILL BE OUR **MARCH** WINNER?

YOU??

MUST BE PRESENT TO WIN

**WE STILL NEED AN EDITOR**

ANYONE INTERESTED PLEASE CONTACT AN OFFICER OR SANDY FRANKLIN (CURRENT EDITOR) [MDDHSEEDITOR@YAHOO.COM](mailto:MDDHSEEDITOR@YAHOO.COM)

VISIT OUR WEBSITE

[HTTP://MDDHS.TRIPOD.COM](http://MDDHS.TRIPOD.COM)

FOR WEBSITE CONCERNS CONTACT WEBMASTER JENNIFER SUMINSKI AT [JEN\\_SUMINSKI@YAHOO.COM](mailto:JEN_SUMINSKI@YAHOO.COM)



Join. Participate. Benefit. Succeed.

Call or log on today  
 (312) 440-8900 | <http://membership.adha.org>

Membership Form

**Member Information**

Name \_\_\_\_\_ Email \_\_\_\_\_

Address \_\_\_\_\_ Daytime Phone (include area code) \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Evening Phone (include area code) \_\_\_\_\_

Dental hygiene school attended: \_\_\_\_\_ State \_\_\_\_\_ Year of Graduation \_\_\_\_\_

Highest educational level attained:  Certificate  Associate  Baccalaureate  Master's  Doctorate

Circle Your Credential: RDH LDH Other: \_\_\_\_\_ Current License # \_\_\_\_\_ State: \_\_\_\_\_

*To qualify for Active membership, you must have been granted a license to practice. Applications received without a license number will not be processed.*

**Membership Demographic Information**

*In an effort to learn more about ADHA members, we would appreciate your assistance with the following information:*

Gender:  Female  Male Birth Date: \_\_\_\_\_ Ethnicity (optional): \_\_\_\_\_

Hours worked per week in Dental Hygiene: \_\_\_\_\_

Primary Position (check one):  Clinician  Educator  Public Health  Researcher  Administrator/Manager  Other

State(s) in Which You Hold Current License(s): \_\_\_\_\_ License Number(s): \_\_\_\_\_ Year(s) Issued: \_\_\_\_\_

**Annual Dues**

ADHA	\$185.00
Constituent*	\$ _____
Local component*	\$ _____
Assessment**	\$ _____
<b>Total</b>	<b>\$ _____</b>

\*ADHA bylaws require all active members belong to national (ADHA), constituent (state) and component (local area) organizations.

Contact ADHA Member Services for correct constituent and component dues amounts (312) 440-8900.

\*\*Only CO, CT, HI, ID, IL, KS, OR, WA

Dues are not deductible as a charitable contribution for federal income tax purposes. They may be deducted as a business expense.

**Method of Payment**

- I am enclosing a check payable to ADHA for the amount of my annual dues. (see Total)
- Please charge my annual dues to my credit card. (see Total)
- Please enroll me in the Quarterly Payment Plan using my credit card. (see Total plus additional \$12.00 processing fee)

\*Renewing members must opt-into the quarterly payment plan online using your existing membership account.

Visit <http://payments.adha.org> for more information on available payment options

Card Number \_\_\_\_\_  American Express  Discover  
 \_\_\_\_\_ / \_\_\_\_\_  VISA  MasterCard

Expiration Date \_\_\_\_\_

Signature \_\_\_\_\_

- I understand that by providing us your credit card information, you hereby agree that ADHA may automatically renew your membership each year by charging the applicable membership dues fee directly to your credit card. Your membership fee will be charged on an annual or quarterly basis according to the manner you have indicated. Please ensure we have updated credit card information so the renewal may be processed. If you do not wish to have your dues automatically renewed each year, you may opt-out next year.

**Send Application to**

**Mail** 444 North Michigan Avenue, Suite 3400, Chicago, IL 60611

**Phone** (312) 440-8900

**Apply online at** [www.adha.org](http://www.adha.org)

DUES ARE NONREFUNDABLE

WEB

**MACOMB  
DISTRICT  
DENTAL  
HYGIENE  
SOCIETY**

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WE'RE ON THE WEB!

SEE US AT

[HTTP://MDDHS.TRIPOD.COM](http://MDDHS.TRIPOD.COM)

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SANDY FRANKLIN, RDH  
MDDHS EDITOR  
22340 ST. GERTRUDE  
ST. CLAIR SHORES, MI.  
48081



**December  
2014**

***About Our Organization...***

It all started with a handful of women in someone's living room. A common interest brought them together - dental hygiene. Together, they formed the Macomb District Dental Hygienists Society. Their goal: to increase knowledge through continuing education courses, better community involvement, and simply enjoy the camaraderie. LOOK AT WHAT WE HAVE TODAY!!!

- MID DECEMBER –PICK UP COFFEE ORDER PLACE TBD
- **JANUARY 22, 2015** "GENETICS IN PERIODONTOLOGY" DR. JEFFERY JOHNSTON DINNER MEETING
- FEBRUARY 1, 2015 NEWSLETTER SUBMISSION DEADLINE
- **HEARTFELT SATURDAY FEBRUARY 28, 2015**
- **MARCH 20, 2015** ALL DAY SEMINAR
- MDDHS/MDDS JOINT MEETING FERN HILL MARCH 25, 2015
- APRIL 14, 2015 CPR REFRESHER COURSE AT OLSEN'S DENTAL LAB
- MAY 13, 2015 AMANDA SLAWTER DINNER MEETING
- AUGUST 1, 2015 NEWSLETTER SUBMISSION DEADLINE
- OCTOBER 23-25, 2015 HOD TREETOPS GARLAND, MI.

PLEASE REPORT ANY NAME OR ADDRESS CHANGES TO  
MI BOARD OF DENTISTRY @ 517-335-0918 AND  
ADHA @ 1-800-243-ADHA

**SAVE THE DATE**

**MDS/MDDHS JOINT MEETING**

**Wednesday March 25, 2015**

Fern Hill Country Club  
17600 Clinton River Rd, Clinton Twp  
\$40.00

Speaker: **TBD**

Visit [WWW.MACOMBDENTAL.ORG](http://WWW.MACOMBDENTAL.ORG) for updates